

Infant Lesson Plan

Unit: All About Me

Date: September, week 1

Content Area	Planned Activities				
	Monday	Tuesday	Wednesday	Thursday	Friday
Language	<p>So Big! Obj: to recognize names while having one on one interaction</p>	<p>Photo Collage Obj: to learn others' names</p>	<p>Where is (Name)? Obj: to learn names while being exposed to name to face recognition</p>	<p><u>Are You My Mother?</u> Obj: to listen to and enjoy a story while learning new words</p>	<p>Saying "Bye-Bye!" Obj: to associate words with hand gestures & practice repeating familiar words</p>
Fingerplays & Songs	<p>"Who Stole the Cookie?" Obj: to sing a new song that uses our names</p>	<p>"Where is Baby's Nose?" Obj: to learn the names of body parts</p>	<p>"Ten Little Fingers" Obj: to coordinate movements while learning new words</p>	<p>"Bye Baby Bunting" Obj. To learn and enjoy a new rhyme while being exposed to rhythm</p>	<p>"If You're Happy and You Know it" Obj: To associate actions to words in a familiar song</p>
Motor	<p>Mirror Pull Ups Obj: to strengthen arms & motor skills</p>	<p>Roll My Ball! Obj: to improve hand-eye coordination & increase gross motor skills</p>	<p>Let's Walk! Obj: to strengthen legs and practice balance</p>	<p>Tummy Time Fun! Obj: to strengthen neck muscles</p>	<p>Beach Ball Rock Obj: to increase muscle tone prepare for increased tummy time</p>
Sensory & Science	<p>"Nice Touches" Obj: to encourage gentle and appropriate touches</p>	<p>"Peek-a-boo!" Obj: to encourage reactions and responses through play</p>	<p>Water Play! Obj: to feel and explore the water</p>	<p>My Hand Print Obj: to experience textures using hands and fingers</p>	<p>Fun With Feathers Obj: to use senses to explore a new texture</p>