



# What to Wear to an Interview

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## STRESSED BUT DRESSED!

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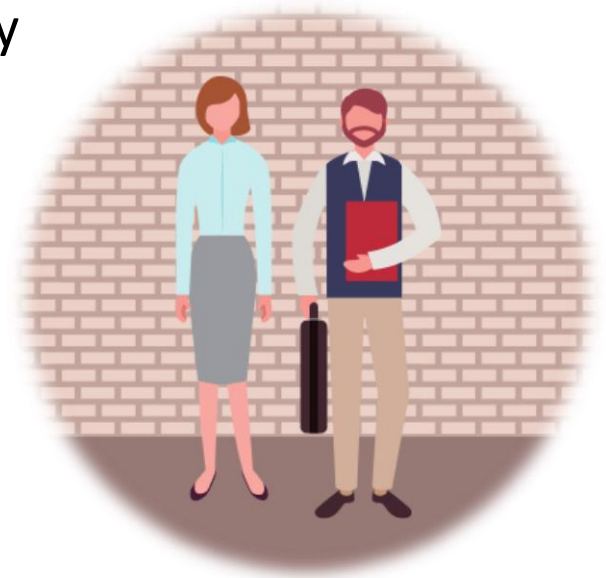
# Stressed But Dressed!

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Job interviews are stressful enough... along with having to remember the right things to say and do, you *also* have to think about what you are going to *wear*. Interviews are about showing yourself in the best possible light, and your interview outfit is a big part of that.

Always show up to the interview looking like you already fit into their team!

A good interview outfit can help raise your confidence which will help you do better in the interview.



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# What Job Will You Be Doing?

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Even if you *think* you know what the dress code is at the company you will be interviewing for, you should still research it....just to be safe.

Visit the company - in person or online. Are employees wearing a uniform or specific color shirts/pants/shoes? Take note of what they are and are not wearing.

**However**, you really only need *one basic* outfit for most interviews... and it's okay to only have one interview outfit. You will be the only one who knows it's your only outfit. Even if you have a second interview with the same employer, it's okay to wear the same outfit again.

# Pick From Your Closet

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You should wear something that allows the interviewer to focus on your skills and qualifications and not be distracted by wild & crazy clothes.

Choose your outfit wisely...



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# From Your Closet - Shirts

Collared or button up shirts are best. If all your shirts are tee-shirt material, make sure the shirt you choose has no holes, stains and no graphics on it.

## Best Shirt Colors

- A basic blue color is best
- Dark gray and black are also okay
- Solid colors – no patterns
- No bright colors



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# From Your Closet – Pants & Skirts

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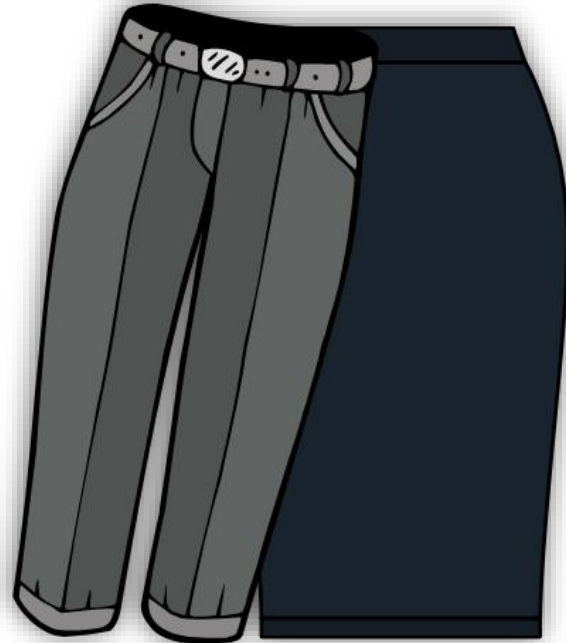
## Dress pants

- Blue
- Black
- Brown

## Dress or Skirt

should be at least knee length

- Blue
- Black
- Brown



Wearing jeans to an interview is never a good idea.  
However, if all you have are jeans, choose the darkest pair with no rips, tears or frays.

# From Your Closet - Shoes

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- Basic black or brown shoes are best
- Flats, loafers or a closed toe with a back strap
- Make sure you can walk in them comfortably
- No high heels
- If you know you will be required to wear work or steel toe boots, and you have them in your closet, then wear them!



***Make sure your shoes are clean... a wet washcloth works wonders for cleaning shoes.***

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# Buying an Outfit?

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If you're lucky enough to be able to buy an interview outfit, here are a few suggestions:

- Pair of black pants
- Blue button up or collared shirt
- Black shoes



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# Need an Outfit But Can't Afford One?

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Check out the Workforce Center's Clothing Closet.

All three Texoma Workforce Centers have clothing closets available. The clothes are donated by people in the community and are generally business casual appropriate.

Come by one of our workforce centers to take a look at our clothing closets!

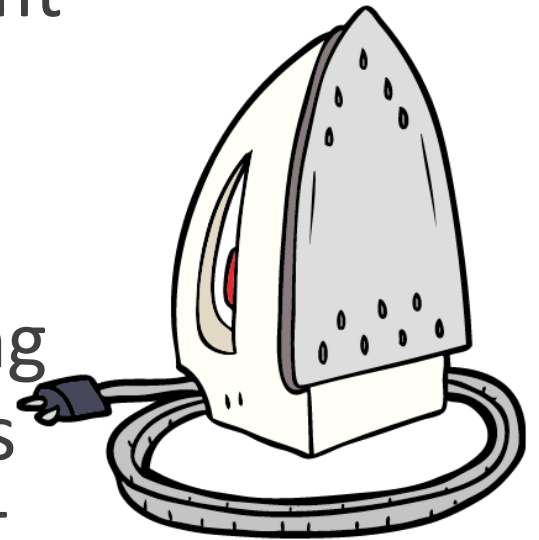


# Dress Rehearsal Time!

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Once you get your interview outfit together... try **everything** ON!

You want to make sure everything fits correctly and all your buttons are there... then wash and iron it and try it on **one more time!**



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# Remember 'Yourself'

You are included in your interview outfit!

- Get plenty of sleep the night before.
- Make sure your hair **and** *fingernails* are clean.
- Remember to put on deodorant (you will be nervous!).
- Make sure you have fresh breath, but don't chew gum during the interview.
- If you smoke, try not to smoke at least 30 minutes before your interview. And, do not smoke in the vehicle on the way *to* your interview.



# What NOT to Wear

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- Flip-flops or sneakers
- Undergarments that are visible to others, such as boxer briefs, lacy camisoles, and bra straps
- Shorts
- Skirts that are too tight or too short
- Pants that are low-rise, distressed, or tight
- Blouses that are low-cut or short
- Sleeveless shirt without a jacket or sweater over it

# Lastly...A Few More Suggestions

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- Do not use a lot of perfume or cologne before interview
- Wear minimal or basic jewelry
- Remove body jewelry such as nose, lip and tongue rings.
- Cover tattoos
- Make sure you have a traditional hair color

# LOCATIONS

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## **COOKE COUNTY**

1311 North Grand Ave.  
Suite 200  
Gainesville, TX 76240  
940-665-1121

## **FANNIN COUNTY**

1205B E. Sam Rayburn Dr  
Bonham, TX 75416  
903-640-0222

## **GRAYSON COUNTY**

2415 South Austin Ave.  
Suite 105  
Denison, TX 75020  
903-463-9997

**1-888-813-1992**

**[www.workforcesolutionstexoma.com](http://www.workforcesolutionstexoma.com)**

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